***Terrace Café Ingredient List***

***Sandwiches***

*Rosie’s Special*

*- Ham and Cheddar Cheese on Marble Rye Bread*

*Marble Rye Bread:* Water, white flour, sugar, yeast, emulsifier, caramel coloring

*The Gossips*

*-Grilled chicken breasts, pesto mayo, and mesclun lettuce on focaccia bread*

*The Connoisseur*

*-Marinated grilled veggies ( zucchini,yellow squash,red peppers, sun dried tomato,eggplant,onion ) w/mozzarella on focaccia*

*Freedom From Want*

*-Turkey Breast with Cranberry Mayo, lettuce and stuffing on multi-grain bread*

* *Stuffing:* Enriched flour, canola oil, sugar, salt, yeast, onion, soy, wheat gluten, maltodextrin, chicken fat, calcium peroxide, honey, celery, citric acid
* *MultiGrain Bread: Unbleached-Unbromated flour-wheat flour, water, oats, sunflower seeds, sesame seeds, poppy seeds, rye chops, honey, onion, dill weed, sugar, salt, yeast, palm & soybean oil*

*The Runaway*

*-Roast Beef with horseradish mayo on a multigrain roll*

* *MultiGrain Bread:* Unbleached-Unbromated flour-wheat flour, water, oats, sunflower seeds, sesame seeds, poppy seeds, rye chops, honey, onion, dill weed, sugar, salt, yeast, palm & soybean oil

*Catch of the Day*

*-Tuna salad on multigrain bread*

* *MultiGrain Bread:* Unbleached-Unbromated flour-wheat flour, water, oats, sunflower seeds, sesame seeds, poppy seeds, rye chops, honey, onion, dill weed, sugar, salt, yeast, palm & soybean oil

*Miss Jones*

*-Egg salad with onion on multigrain bread*

* *MultiGrain Bread:* Unbleached-Unbromated flour-wheat flour, water, oats, sunflower seeds, sesame seeds, poppy seeds, rye chops, honey, onion, dill weed, sugar, salt, yeast, palm & soybean oil

*The Rookie*

*- Peanut butter and jelly on country white bread*

*White Bread:* Enriched wheat flour, water, yeast, corn sugar, calcium salts, artificial color, palmitate, soy lecithin, soybean oil, sugar, salt

*Main Street Sub-Italian combo with salami, pepperoni, and provolone on foccacia with oil and vinegar served with gourmet potato chip*

***Special Salads***

*Asian Salad*

*-Mesculin salad, cilantro,water chestnuts,baby corn, white sesame seeds, red pepper, carrots*

*Asian Dressing*

*-Soybean oil,water,sugar,soy sauce,vinegar,sesame oil,ginger,sesame seeds,salt,garlic,xantham gum,soybean,wheat,propylene glycol alginate.*

***Sides***

*Tuna Salad*

*-Tuna, celery, lemon juice, mayo.*

*Egg Salad*

*-Eggs, onion, salt/pepper, mayo*

*Potato Salad*

*-Red pot, mayo, vinegar, salt, dried parsley, corn starch*

*Pasta salad*

*-Pasta, zucchini, tomatoes, rice vinegar, cilantro, parsley, carrots parmesan cheese*

***Cookies & Bars***

*Cranberry Walnut  
-Enriched flour, sugar, water, cranberries, soybean oil, eggs, walnuts, dry milk  
   
Lemon Poppy  
-Enriched flour, sugar, water, poppy seeds, soybean oil, whole eggs, leavening, whey  
  
Blueberry  
-Sugar, enriched, eggs, soybean oil, blueberries, water, baking powder  
  
Chocolate Chip Cookie  
-Wheat flour, chocolate chunks, sugar, brown sugar, butter, soybean oil, palm fruit, olive oil, water, baking soda, vanilla extract, milk, whey, salt  
  
Oatmeal Raisin  
-Wheat flour, raisins, brown sugar, rolled oats, sugar, oil blend  
  
Brownies*

*-Wheat flour, cocoa powder, walnuts, soybean oil, sugar*

*Peanut Butter Bars*

*-Chocolate, Peanut Butter, Powdered Sugar, Vanilla Extract*

*Apricot-Oatmeal Bars*

*-Rolled Oats, Flour, Sugar, Brown Sugar, Salt, Vegetable Oil, Apple Juice, Cranberry Juice, Apricot Preserves*

*Lemon Bars*

*-Flour, Confectioners Sugar, Butter, White Sugar, Lemon Juice*

***Breads and Stuffing***

*MultiGrain Bread*

-Unbleached-Unbromated flour-wheat flour, water, oats, sunflower seeds, sesame seeds, poppy seeds, rye chops, honey, onion, dill weed, sugar, salt, yeast, palm & soybean oil

*Marble Rye*

-Water, white flour, sugar, yeast, emulsifier, caramel coloring

*White Bread*

-Enriched wheat flour, water, yeast, corn sugar, calcium salts, artificial color, palmitate, soy lecithin, soybean oil, sugar, salt

*Stuffing*

-Enriched flour, canola oil, sugar, salt, yeast, onion, soy, wheat gluten, maltodextrin, chicken fat, calcium peroxide, honey, celery, citric acid